

THREADING

Upper lip	£10
Chin	£15
Eyebrows	£13

Waxing

	HOT WAX	WARM WAX
Eyebrows	£15	£12
Lip	£8	£6
Chin	£10 - £25	£8 - £18
Cheeks	£15	£13
Full face	from £25	from £20
Under Arm	£15	£13
Bikini	£20	£18
G-String	£25	£20
Brazilian	£40	£35
Hollywood	£45	£40
1/2 Leg	£15	
1/2 Leg & Bikini	£30	
3/4 Leg	£18	
Full Leg	£27	
Full Leg & Bikini	£37	
1/2 Arm	£18	
Full Arm	£25	

Men

	HOT WAX	WARM WAX
Chest	£30	£25
Chest & Stomach	£45	£35
Shoulders	£25	£20
Back and Shoulders	£45	£35

Spa Days

Half Day Spa packages are also available

We also host Hen Days and will close the spa for the ultimate pampering experience.

Gift vouchers available up to any value, please ask for more information



MENANA SPA



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Hamмам

La Sultane De Saba Moroccan Hammam Ritual **£75 / £140** 2 people
Deeply nourishing and intensely cleansing ritual, which rejuvenates, eliminates toxins and stimulates circulation. Beginning with a black soap cleanse whilst in the Hammam before a full body Moroccan-style exfoliation. Then the signature blend of melted shea butter and fragranced body oil is drizzled over the skin for a full body massage. Treatment time 1 hour.

Facials

The Menana Spa Signature Facial **£90** 90 mins
A customised facial featuring all the traditional techniques used in the Parisian Spas. The Signature Facial is a powerful deep-cleansing and nourishing facial. Products are selected based on skin type to ensure maximum benefits. Starting with a black soap and eucalyptus steam to deeply cleanse pores and purify skin. Deep facial massage helps tone the muscles, preventing future fine lines. Next we apply a two part layered mask, which draws out impurities, balances sebum levels and nourishes the skin. The mask is peeled off leaving skin noticeably cleansed, toned with a youthful radiant glow!

ENVIRON® FACIALS

Active Vitamin Treatment **£75** 1 hour
Advanced Active Vitamin Treatment **£90** 90 mins
The Frown Treatment **£65** 45 mins
HydraBoost Treatment **£75** 1 hour
Skin Clearing Treatment **£55** 45 mins
£75 1 hour

LA SULTANE DE SABA® FACIALS

La Sultane Signature Moroccan Facial **£80** 1 hour
La Sultane Deluxe Skin Refining Facial **£80** 1 hour
La Sultane Repairing Argan Facial **£80** 1 hour

ELEMIS FACIALS

Oxygen SkinCalm Facial pure soothing heaven for sensitive skin **£75** 1 hour
SOS Purifying purifying treatment for congested skin **£75** 1 hour

SKIN SPECIFIC FACIALS

Fruit Active Glow bring back the glow to a lifeless complexion **£70** 1 hour
Exotic Moisture Dew treat your skin to a moisture boost **£70** 1 hour
Lavender Repair restoring skin balance – suitable for teenage skin **£65** 1 hour

ADVANCED ANTI-AGEING FACIALS

Visible Brilliance combats ageing, stressed and slackened skin **£85** 1 hour
Pro-Collagen Quartz Lift Facial **£85** 1 hour

ONE ANTI-WRINKLE FACIAL

Tri-Enzyme Resurfacing peel away years for smoother, radiant skin **£85** 1 hour

PROPHILO TREATMENT

Prophilo is the first injectable of its kind, used to treat skin laxity and poor hydration. **£250** 1 hour

Body Therapy

Body Sculpting Cellulite & Colon Therapy **£75** 1 hour
The Body Sculpting Lipo-Refining Serum and Body Sculpting Firming Cream targets stubborn cellulite and sagging skin, for visible, rapid results. A detoxifying Fennel & Birch peel off body mask is applied, combined with specialist massage techniques to deeply cleanse the body, helping firm and smooth skin, stimulate circulation and reduce fluid retention. Cleansing of the colon through abdominal massage helps to detoxify the body, working from the inside out.



ELEMIS BODY TREATMENTS

Absolute Spa Ritual ultimate skin and body therapy **£130** 2 hours
Total Time Out complete skin, body and lifestyle solution **£130** 2 hours
Aroma Stone Therapy warm basalt stones melt away tension **£70** 1 hour
Total Glow Self-Tanning the healthy way to radiant sun-kissed skin **£45** 45 mins
Lime & Ginger Salt Glow cleansed and polished to perfection **£55** 45 mins
Coconut Rub & Milk Ritual Wrap/Float enliven the senses **£55** 45 mins
Frangipani Body Nourish Wrap/Float immediate softness to skin **£55** 45 mins
Muselease Aroma Spa Ocean Wrap/Float powerful seaweed wrap **£75** 1 hour

Massage

Deep Tissue Muscle Massage **£50** 45 mins / **£65** 1 hour / **£90** 90 mins
A deep tissue massage can help alleviate some of the pain for individuals who suffer from arthritis, muscle inflammation or even back pain. It is used for treating chronic muscle pain and is also effective for muscle tightness, posture issues and repetitive strains. A deep tissue massage has even proven to be more effective than other medications for some people.

Stress Relief Massage **£50** 45 mins / **£65** 1 hour / **£85** 90 mins
A stress relief massage is a great way to reduce the amount of stress that occurs in your daily life. Simple touching offers quick healing benefits such as overall feeling of calm. It is an effective stress relief massage that naturally helps your body release toxins. This results in detoxifying your muscles and the entirety of your body, leaving you feeling rejuvenated.

Hand & Foot Rituals

Manicure **£25** 30 mins
Pedicure **£35** 35 mins
Spa manicure **£40** 45 mins
Like our full manicure, but using a Moroccan honey, rose and ginger mask followed by a hot towel wrap and a deeply moisturising shea butter mask, to soothe and soften the hands.

Spa pedicure **£50** 1 hour
Like our full pedicure, but using a Moroccan honey, rose and ginger mask followed by a hot towel wrap and a deeply moisturising shea butter mask, to soothe and soften the feet.

Essentials

Brow and lash tint **£25**
Brow tint **£10**
Lash tint **£18**

HD BROWS™ TREATMENTS

Using a seven step procedure including a variety of depilation techniques HD Brows' creates the ultimate in 'High Definition Brows'.

Eyebrows initial consultation **£35**
Eyebrows maintenance **£13**

Eyelash Perming **£50**
Add curl to your natural lashes with this gentle permanent to create fuller, more open-looking eyes. Lasts up to 6 weeks.

